



DESSERTS

Sticky Toffee Pudding – €9.00
Butterscotch sauce & vanilla ice cream
AI = 1, 3, 7

Cheesecake of the Day – €9.50
AI = 1, 3, 7

Churros Delight – €9.50
Cinnamon sugar, caramel sauce & vanilla ice cream.
AI = 1, 6, 7

Warm Chocolate Brownie – €9.00
Chocolate sauce & vanilla ice cream.
AI = 1, 6, 7

Rainbow Jelly & Ice Cream – €8.50
AI = 7

Selection of Ice Cream – €8.50
AI = 3, 7



SIDES 5.00

Homemade Chips
White Rice
Seasonal Vegetables
Mashed Potatoes

SPECIALS

Please ask your server for
the daily specials

SCAN WITH YOUR PHONE'S
CAMERA TO VIEW OUR
UPCOMING EVENTS




COURTMACSHERRY HOTEL
& COASTAL COTTAGES

THE SEVEN HEADS BAR
BARFOOD
MENU

ALLERGENS

- | | | | | |
|---|---|---|---|---|
|  1. Gluten (Wheat) |  4. Fish |  7. Milk |  10. Mustard |  13. Lupin |
|  2. Crustaceans |  5. Peanuts |  8. Nuts |  11. Sesame Seeds |  14. Molluscs |
|  3. Eggs |  6. Soybeans |  9. Celery |  12. Sulphur Dioxide and Sulphites |  15. Gluten (Barley) |

AVAILABLE 12:30 - 9:00PM

ENJOY EXCELLENT QUALITY FOOD
IN THE BEST LOCATION

JUST A STONE'S THROW FROM THE SEA



STARTERS

Homemade Soup of the Day – €8.50

Please ask your server | Served with homemade bread

AI = 1, 7

Seafood Chowder – €12.50

A rich, creamy chowder of Irish fish & Atlantic seafood, finished with fresh herbs and served with homemade brown bread.

AI = 1, 4, 7

Beetroot Carpaccio – €12.75 (Vegetarian, Gluten-Free) | with Ummera smoked salmon – €15.75

Roasted beetroot, citrus vinaigrette, whipped goat's cheese, candied pecans, fennel & balsamic.

AI = 7, 8, 10 (+ 4 with salmon)

Courtmacsherry Chicken Tenders – €14.95

Crispy chicken strips with lemongrass yoghurt dressing.

AI = 1, 7

Spicy Chicken Wings – €14.95

House hot sauce, celery sticks & blue cheese mayo.

AI = 6, 7, 9

Mildly Spicy Monkfish – €16.50

Monkfish in a rich chilli sauce, finished with spiced butter, served with warm garlic bread.

AI = 1, 4, 7, 12

Courtmacsherry Garlic Prawns – €15.95

Garlic butter, served with garlic bread.

AI = 1, 2, 6, 7

Classic Caesar Salad – €13.50 | Chicken – €15.75 | Prawns – €18.75

Baby gem, Caesar dressing, aged parmesan & herb croutons.

AI = 1, 3, 7 (+2 with prawns)

Crispy Cauliflower Wings – €13.75 (Vegan)

Louisiana hot sauce & mango, served with salsa and vegan mayo

AI = —

Chicken Liver Pâté – €13.50

Homemade pâté with toasted brioche & Cumberland sauce.

AI = 1, 3, 7



MAIN COURSE

6-Hour Braised Irish Short Rib of Beef – €25.50

Slow-braised Irish short rib, served with creamy mash, seasonal vegetables, pancetta & a rich mushroom jus.

AI = 7, 10, 12

Billy's Beer-Battered Fish & Chips – €24.50

Tartar sauce, mushy peas & homemade chips.

AI = 1, 4, 7, 15

Traditional Roast of the Day – €21.50

A classic roast of the day, served with creamy mash, seasonal vegetables & rich gravy.

AI = 1, 7, 12

Thai Curry – Monkfish or prawns €25.50 | Chicken €23.50 | Vegetable €20.00

A fragrant, gently spiced Thai curry served with basmati rice & crisp papadum.

AI = 1, 7, 9, 10, 12

Buttercrunch Chicken Burger – €22.50

Crispy golden chicken with garlic mayo, lettuce & pickles in a toasted bun with homemade chips.

AI = 1, 7

Caherberg Beef Burger – €22.50

Flame-grilled Caherberg beef, served in a toasted brioche bun with smoked cheddar, gherkin & garlic mayo, with homemade chips.

AI = 1, 7

10oz Prime Hereford Sirloin Steak – €39.50

Mushrooms, onions, asparagus, cherry tomato, chips & peppercorn sauce.

AI = 7, 12

Herb-Crusted Salmon – €27.50

Creamy mash, vegetables & white wine velouté.

AI = 1, 4, 7, 12

10oz Irish Ribeye with Cashel Blue – €31.50

Grilled to your liking (chef recommends medium), topped with Cashel Blue, served with homemade chips & peppercorn sauce.

AI = 7, 12

Roasted Silver Hill Duck (Half) – €29.50

Slow-roasted Silver Hill duck in a citrus orange sauce, with creamy mash & roasted vegetables.

AI = 7, 12

Courtmacsherry Chicken Tenders – €21.95

Tender chicken strips with a lemongrass yoghurt dressing, served with homemade chips.

AI = 1, 7

Cauliflower Steak Primavera – €21.50 (Vegan Option)

Thick-cut roasted cauliflower steak, topped with sautéed mushrooms & onions, cherry tomatoes & grilled asparagus, finished with house-made pesto.

AI = 7, 12

Spicy Chicken Wings – €21.95

Spicy chicken wings tossed in our house hot sauce, celery sticks & blue cheese mayo with homemade chips

AI = 6, 7, 9



STONE BAKED PIZZAS

Margherita – €16.50

Classic tomato sauce & mozzarella.

AI = 1, 7

Pepperoni – €18.50

Tomato sauce, mozzarella & Italian pepperoni.

AI = 1, 7

Goat's Cheese – €18.50

Tomato sauce, mozzarella, goat's cheese, rocket & balsamic glaze.

AI = 1, 7

Spicy Salami (Diavola) – €18.50

Tomato sauce, mozzarella & spicy salami.

AI = 1, 7

Hawaiian – €17.50

Tomato sauce, mozzarella, honey-glazed ham & pineapple.

AI = 1, 7

Cajun Chicken – €18.50

Tomato sauce, mozzarella & Cajun-spiced chicken.

AI = 1, 7